FURTHER INFORMATION FOR UK VOLUNTEERS

<u>Information</u>: Janet Ivin is currently the VTT Volunteer Advisor for UK residents. She may be able to put you in touch with a recently returned volunteer in your field of work. Janet has made many visits to CRP since 2000 and would be happy to chat about her experience as a volunteer. Email: **volunteering@valerietaylortrust.org**

The CRP website (<u>www.crp-bangladesh.org</u>) has a very helpful section with a wealth of advice and information for volunteers. Click on "Be a volunteer" and then it is straightforward to scroll down to their "Advice and Guidelines for volunteers" and also "Top Tips for coming to CRP".

Likewise, the Valerie Taylor Trust (<u>www.valerietaylortrust.org</u>) has a lot of information about CRP.

It is worth checking out the Foreign Office website (www.gov.uk) and scrolling down to Bangladesh country information; this contains the current situation regarding security, and also gives details about visas, etc.

Visa application:

Bangladesh High Commission 28 Queen's Gate, London SW7 5JA, 0207 584 0081 www.bhclondon.org.uk

Assistant High Commission Manchester: 0161 236 4853 www.bahcmanchester.org.uk

Birmingham High Commission: 0121 643 2386 www.bdhcbirmingham.org

Immunisation advice: MASTA (Medical Advisory Service for Travellers Abroad) 0207 291 9333 www.masta.org Advice based on your immunisation record and your particular needs.

Or contact your local GP surgery and generally there is a designated nurse who can provide you with necessary advice regarding immunisations.

<u>Couriers</u>: Volunteers may be asked to carry items for CRP and for one another – perhaps something vital a volunteer has forgotten.

If travelling from the UK, <u>please contact Janet Ivin about 3 weeks before departing</u> so items can be forwarded to you (this, of course, will be dependent on whether you have any spare baggage allowance!)

If requesting that an item be taken out on your behalf, please remember to leave the package easy to open for inspection by Customs. Do not expect people to carry heavy items without first checking with them and agreeing to pay any excess baggage charge.

<u>While at CRP:</u> If there are matters that puzzle or concern you, it is always best to talk them over while at CRP.

<u>Back in the UK</u>: If there is anything you wish to talk over on your return please get in touch with Janet Ivin or the VTT Administrator and we will do whatever we can to help.

If you do go ahead and volunteer at CRP and find that you want to provide an individual with financial support even after you have returned to the UK, we would suggest that you consider using the Social Welfare Fund. This is a Fund set up by CRP for payments of this sort, and VTT has a corresponding Restricted Fund that enables us to transfer money that you give for this purpose into that CRP fund. What VTT will not do is set up a separate Restricted Fund for a named individual, because that involves too much extra work for both VTT and CRP.