# E-NEWSLETTER

Querterly newsletter of the Centre for the Rehabilitation of the Paralysed (CRP)

#### **CRP** observed National Mourning Day

CRP observed the 46th martyrdom anniversary of Father of the Nation Bangabandhu Sheikh Mujibur Rahman and National Mourning Day on August 15 with due respect and solemnity. Covid 19 was considered here and social distance with other precaution measures were maintained. A prayer was held at CRP's Reddaway Hall in the presence of spinal cord injury (SCI) patients and few CRP officials. The attendees prayed for the martyred souls so that, Almighty Allah provides them peace and solace.





CRP's patients and staff participating in the prayer on National Mourning Day

### WMTS participated in Athletic Competition 2021 at BKSP



Participants with organizers



Winners of long jump

Seven students from William & Marie Taylor School (WMTS) of CRP participated in an Athletic Competition organized by Special Olympics Bangladesh held at Bangladesh Krira Shikkha Protishtan (BKSP) on July 25, 2021. Shourov, a student with amputation got the 2nd place in long jump from the boys group, Shaila got 2nd place and Kakoli got 3rd place from the girls group. The Director of BKSP Brig. General Md. Rashidul Hasan was present there as the Chief Guest and handed over the prizes to the winners.

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#### Walton recruited persons with disabilities

from Walton's Human Management Resource collaboration with CRP arranged a job selection program for persons with disabilities on September 15, 2021. A total of 30 persons disabilities CRP's from Madhab Memorial Vocational Training Institute faced primary job screening. Walton's Head of HR, Chief Human Resource Officer and Director of Executive screened the candidates selected six persons with disabilities work in Walton's customer care, logistic and public relation desk at the corporate office at and other district-based service management systems. Among persons four are wheelchair users with spinal cord injury (SCI). Walton team also attended an accessibility meeting and received consultation from CRP ensure accessible station for people with disabilities.



Walton officials interviewing a participant



All interviewees received souvenir from Walton

#### Eid-ul-Adha celebration at CRP

CRP received a total of BDT 2,20,500 and a cow as donations on the occasion of Eid-ul-Adha 2021. The patients staying at CRP during this holy festival enjoyed the day as it was celebrated with the sacrifice of two cows and two goats. The event was successfully celebrated on 21 July 2021 with the help of the staff, patients and others. Detailed donor list is given below:

Donor's Name	Donation	Donor's Name	<b>Donation</b>
Md. Manzoor-UI-Alam	I Cow	Maliha Hossain Choaity	15,000/-
Md. Tanveer Madar	50,000/-	Md. Shafiq-ul Islam	10,500/-
Quality Feeds Ltd.	1,00,000/-	Ms. Zebun Nessa Ahmed	15,000/-
		Oroni International	30,000/-

### World Physiotherapy Day celebrated

CRP's Physiotherapy Department observed the World Physiotherapy Day 2021 on 8th September with great enthusiasm and inspiration with the theme "Long COVID and Rehabilitation". This theme was promoted through all the sub-centres of CRP with banners, posters, t-shirts and masks. Month-long discussions including the stakeholders, government officials, renowned journalists and Ministers of different Ministries were arranged and shared live in Facebook. On 8th September, 2021 supplementary were published in two national dailies Kaler Kontho and Somokal covering the contents "World Physiotherapy Day", its impact and CRP's activities. On this special day, Honorable President, Honorable Prime Minister, Minister of Family welfare, Minister of Social welfare, Founder & Coordinator of CRP, Executive director of CRP and Head of physiotherapy department gave special speeches. Many renowned print and television media covered the event along with the success stories.



Newspaper supplementary publishes in dailies

A special needs child receiving Md. Mazharul Islam with flowers





### **International Spinal Cord Injury Day 2021**

International Spinal Cord Society (ISCoS) and Asian Spinal Cord Network (ASCoN) observed the 6th International Spinal Cord Injury Day on 5th September 2021. This year the theme is "COVID-19 and SCI: Staying healthy with the help of Telecommunication and Telehealth". The objective is to increase awareness about spinal cord injury amongst general public and the effects of COVID-19.

As majorities of our population are living in poverty and do many hazardous job for their livelihood, they often face various accidents due to their occupational hazards and one of the most serious condition is spinal cord injury. People lose functional abilities below the injured part of the spinal cord which results in paraplegia (no sensation or movement below waist) or tetraplegia (no sensation or movement below neck). CRP has been providing treatment and rehabilitation facilities to the people with spinal cord injury in Bangladesh since 1979.

For the last 40 years CRP has been working to raise awareness on spinal cord injury among the general people by producing TV spots, organizing awareness programs, news, advertisements, leaflets, posters etc. According to CRP's survey, the highest number of SCI are caused by fall from height, road traffic accident, carrying heavy load on back, shallow water diving, scarf strangulation, various diseases and others. At present CRP is providing the rehabilitation services across Bangladesh through 12 sub-centres in 5 divisions and districts while planning to expand its services to reach the most vulnerable people of Bangladesh. But for deeper reach to the society and the desired impact of prevention and rehabilitation programs of spinal cord injury there is a need to involve government, government organizations, corporate sector, media, NGOs, hospitals, schools, colleges and of course the public at large.

As a part of the initiative, CRP and a group of people living with spinal cord injury established Spinal Cord Injuries Development Association Bangladesh (SCIDAB) to uphold the rights of people living with spinal cord injury and their mainstreaming in the society. At present they have more than 2000 members.

With the slogan "COVID-19 and SCI: Staying healthy with the help of Telecommunication and Telehealth" CRP organised awareness and motivation sessions on causes, consequences, management of spinal cord injury and ensuring inclusive life for persons with spinal cord injury at the Reddaway Hall in the morning and a prize giving ceremony at the afternoon. Md. Mazharul Islam, Upazila Nirbahi Officer of Savar Upazila attended the program as the Chief Guest and handed over the prizes to the winners of sports and cultural competition on this occasion. CRP's Executive Director Dr. Mohammad Sohrab Hossain, PhD chaired the program. The Chief Guest handed over wheelchairs to SCI patients.

## Jahanara Begum triumphed over Spinal Tuberculosis

Jahanara Begum, a 50 years old woman lives with her family in Mymensingh. Her only son who works as a rickshaw-puller in Gazipur supports the family of five. During the early days, Jahanara used to deliver water from shops to shops in the market nearby as his husband's income was inadequate to run the family. She often felt back pain due to this hard work. They had a piece of land that Jahanara inherited from her father. One day Jahanara was carrying some bricks and suddenly started feeling severe pain in her back and gradually she lost all sensation to her lower limbs. She was taken to Mymensingh Medical College Hospital (MMCH) but referred to Dhaka Medical College Hospital (DMCH). Her family took her back to home as they could not afford to take her to DMCH. One-day Brother Guillaume a social activist from Netherlands based in Mymensingh suggested her son to take his mother to CRP.

Jahanara was admitted to CRP in July when she was not even able to sit. After some investigations, she was diagnosed with Spinal Tuberculosis. The Neuro-surgeon and doctors of CRP operated her successfully. During her rehabilitation process, physiotherapists and occupational therapists helped her to regain strengths in her lower limbs. With time she started walking with supports and after staying for two months she became fully independent.

Now she can do all household chores excluding any heavy tasks as per doctor's instruction. Now, she rears few chickens and ducklings at home. To overcome their financial crisis, she has requested CRP for a cow and cattle which will help the family to generate income and live in solvency.

# FOR DONATION, ZAKAT & MEMBERSHIP

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#### **SEND YOUR ZAKAT TO:**

Account name: CRP Zakat Fund Account number: STD# 36000409 National Bank, Savar Branch, Dhaka.



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